

PRIMARY MEDICAL

Important Changes to Your HMO Primary Care Doctor

Read to learn how to keep your Primary Medical Group doctor

Starting **January 1, 2026**, Primary Medical Group (PMG) will no longer be affiliated with Seaview IPA. We will be joining a new network called **Rincon Choice Health Network**, which will allow us to better coordinate your care and enhance your overall patient experience.

What does this mean for our patients with insurance through your employer or Covered California Exchanges?

If you want to continue seeing your doctor at Primary Medical Group in 2026, your insurance plan must be one that we accept under our new Rincon Choice Health Network affiliation.

Beginning January 1, 2026, PMG will **continue to accept the following HMO plans:**

- **Anthem Blue Cross HMO**
- **Blue Shield HMO**

If your employer offers one of these plans, please make sure you are enrolled in that plan for the 2026 plan year and confirm that your Primary Care Provider (PCP) remains your doctor at Primary Medical Group with Rincon Choice Health Network.

We are working to add additional insurance plans in the future, and we will keep you informed as new options become available.

If your employer does not offer these HMO plans, you can continue your care with us through:

- Most PPO insurances, or
- Cash pay options.

For any questions or support related to these changes, please call:
(805) 626-7234

Primary Medical Group

7 Health-Center locations across Ventura, Oxnard, Camarillo and Santa Paula

Easy steps you can take to keep your doctor:

- **Check your Insurance Plan:** Make sure you have either an Anthem Blue Cross or a Blue Shield HMO insurance plan in 2026.
- **Call your insurance company after December 1, 2025:** Use the member services phone number listed on the back of your insurance card.
- **Confirm your PCP:** Tell the representative that you want to keep your Primary Medical Group doctor and that your PCP should remain listed under the Rincon Choice Health Network starting January 1, 2026.

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Frequently Asked Questions

1. Why am I receiving this letter?

Our records show that you are a Primary Medical Group patient with an employer-sponsored or Covered California HMO plan. Beginning January 1, 2026, PMG will move from SeaView IPA to Rincon Choice Health Network. To keep your current doctor, your insurance must show your PMG physician as your PCP under the new network.

2. What are employer-sponsored and Covered California HMO plans / which are accepted in 2026?

These are health insurance plans you receive either through your job or by enrolling in Covered California, the state's health insurance exchange. PMG will continue to accept Anthem Blue Cross HMO and Blue Shield HMO plans in 2026.

3. Do I need to take action?

Yes—if you want to keep your doctor at PMG. Please ensure your insurance company lists your Primary Medical Group doctor as your PCP effective January 1, 2026.

4. My insurance company says my doctor isn't showing up in the network yet—what should I do?

The contracting process is complete. PMG will be in-network with Anthem Blue Cross and Blue Shield starting January 1, 2026. It may take until late December for insurance company directories to fully update, so please try checking again later in the month.

5. Who do I contact to make sure my PCP remains unchanged?

Use the member services number on the back of your insurance card to confirm your PCP assignment:

Anthem Blue Cross Member Services: 1-833-707-3130

Blue Shield of California Member Services: 1-866-346-7198

6. What if I still have questions?

Our team is here to help. Call us at (805) 626-7234 or you can email us at info@primarymedical.net for assistance.

Johnson (Ventura)

Dr. Edward Banman
Dr. Jacob West
Dr. Matthew Westfall
Natalie Nichols, PA
Nalleli Maldonado, NP

Dr. Lauren Ficks
Barbara Holdsworth, NP

Oxnard Clinic

Dr. Gregorio Ruelas
Dr. Flor Mounts
Dr. Kavi Simpson
Dr. Shahram Fatemi
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Camarillo Clinic

Dr. Paul Algra
Karen Popp, NP

Santa Paula Clinic

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Garden (Ventura)

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Dr. Uldine Castel
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Sharon Agacite, NP

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